



Follow-Up Training Instructions for Zola

Transfer Session #2	Date: 02/10/20
Training Instruction for: Zola	
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Review and Progress

Zola has learned that the marker word “yes” means she did the right thing and a treat will follow. She knows Touch, Mat, Chill and Watch. She hasn’t been off-leash except to play hide and seek and that has been reinforced with “touch”. She got a little distracted when the game moved to a new location which is very normal. Getting Zola comfortable on the mat is going to help give her some alternative behavior when guests arrive. Playing touch is helping to reinforce recall and “watch me” is going to help focus her attention on you when walking on the trails – end goal is that she not eat things on the ground or run up to people without permission.

You have been working really well with her and are successfully building up her reinforcement history. The goal is to reinforce the new behavior and the unwanted behavior will fade out. It’s great that you have been careful about not letting her practice the behavior you no longer want.

Training Instructions

- 1. Touch** – Continue to play hide and seek with her off leash. If you move to a new place, make it a little easier at first i.e. stay fairly close together or make it easier to find you so she is reinforced more quickly. **Cue: Touch**
- 2. Mat:** The goal is for her to relax on the mat so look for opportunities to reinforce her and extend the time she stays on it. Begin to move further away from her when she is on the mat. We will practice this week on this. **Cue: Mat, OK** (for release)
- 3. Watch:** When you are walking her on-leash, say “watch” and as soon as she makes eye contact with you, say “yes” and give her a treat. Don’t reach for the treats or rustle the bag until after you have said “yes”. Look for opportunities to do “watch” when people go past you, or when you go past a poop bag or something yummy on the ground. The time to say “Watch” is exactly when you see her make eye contact with the person or the thing on the ground. **Cue: Watch**

Remember:

- 1. Keep training sessions short – 1-2 times a day for 5-10 minutes without distractions.*
- 2. Wait for Zola to do the right thing before giving her a treat. Don’t let Zola see a treat or see you reach for a treat. Wait for her to make the choice. Keep hand still at side. Reserve cheese for mat and chill, and hot dog for watch and touch. Kibble for puzzle games.*

3. *Never say a cue more than once. If she doesn't respond, throw a treat on the floor and say "Find it" to reset her. She picks up on physical signals before the cues.*
4. *Once she gets at least 8 of 10 times correct, you can make it slightly harder. If she doesn't get it right, just go back to last success. End each session on a positive note. If she whines or seems frustrated, have her "sit" – say "Yes" and give her a treat to end the session on a successful note.*
5. *Don't reinforce her for barking/whining with either treats or attention. Wait until she is quiet and then give her one of her puzzle balls or put a couple of piece of kibble in a towel to find. Don't give her cheese unless you are training mat, touch or watch.*